

COVID-19 Food Guide for Stamford

School Meals

Stamford Public Schools will provide free grab-and-go meals from 10 am- 12 pm on Mondays, Wednesdays, and Fridays for any child 18 and younger. Mondays and Wednesdays: 2 breakfasts, 2 lunches, and 2 suppers per child ; Fridays: 3 breakfasts and 3 lunches per child 18 and younger. Meals are provided at the following locations:

Elementary Schools:

Hart Magnet, 61 Adams Ave.
Julia A. Stark, 398 Glenbrook Rd.
K.T. Murphy, 19 Horton St.
Rogers International School, 202 Blachley Rd.
Stillmeadow, 800 Stillwater Rd.
Strawberry Hill (extension of Rogers International), 200 Strawberry Hill Ave.

Middle Schools:

Cloonan, 11 W. North St
Dolan, 51 Toms Rd.
Rippowam, 381 High Ridge Rd.

Community Based Organizations/Programs

SPS Anchor at Harbor Landing, 68 Southfield Ave.
Yerwood Center, 90 Fairfield Ave.

Grab and Go Locations below are provided to 11:00 am to 1:00 pm

Chester Addison Center, 245 Selleck St.
Trailblazer (Domus), 83 Lockwood Ave.
Building One Community, 75 Selleck St.

11:30 am to 1:00 pm:

Latham Wilder (South End Community Center) Back parking lot, 137 Henry Street
Please note: Supper meals are only available at the school distribution locations. Supper meals are not available at community distribution locations in accordance with state guidelines. Meals can only be distributed to parents or guardians of eligible children (18 or younger). Duplicate meals cannot be distributed to any child.

Home Deliveries / Seniors

Senior Outreach Program

If you are a senior in need, call 203-977-7919.

The Stamford Senior Center

(www.stamfordseniorct.org) will be coordinating delivery of prepared frozen meals to any senior aged 60 or older who was previously relying on the congregate meal program at the Stamford Senior Center or the Over 60 Club. They are also delivering groceries. Contact Christina Crain at 203-977-5151 or ccrain@stamfordct.gov

Catholic Charities Senior Nutrition Program Meals on Wheels

(www.ccfairfield.org/programs/senior-nutrition) 203-324-6175 Receiving referrals for their Meals on Wheels program for homebound seniors, 60+ years. Delivers pre-packaged single or double meals up to 7 days per week. Reviews new referrals on a case-by-case basis.

SilverSource

2009 Summer Street, Stamford CT 06905
203.324.6584 | www.silversource.org

Free Senior Grocery Delivery Weekly. For information about this food program, contact Alison Heim 203.324.6584

Senior Well Check / Virtual Companion Telephone support:

Seniors can sign up for a weekly Well Check call as well as support for food and assistance with other services, community and support programs. Ask about special dietary or renal diet accommodations.

Professional Referrals: <https://silversource.org/professional-referrals/>

For information about food or other services, call 203-324-6584.

For more information, or to donate food, please contact the agencies directly or call United Way at (203) 883-0879. For more information about community resources, please dial 2-1-1 or visit www.211.ct.org

SNAP (Food Stamps)

End Hunger Connecticut! SNAP Call Center

www.endhungerct.org

The End Hunger Connecticut!'s SNAP Call Center remains in full operation to help with applications, redeterminations, and other assistance for SNAP. They are experiencing an influx of calls, so you may need to leave a message. English and Spanish . Call the toll-free SNAP Call Center at 866-974-SNAP (7627) To check hours and for more information, go to www.ctsnap.org.

Stamford WIC Program (Women, Infants & Children)

Currently all appointments are by phone.
(203) 977-4385

Services:

Individual time to speak with a nutritionist or trained professional about your or your child's diet; breastfeeding support and information; referrals to health care and other social services: an eWIC card to buy healthy food for you or your children.

Eligibility:

Pregnant women (through pregnancy and up to 6 weeks after birth or after pregnancy ends); breastfeeding women (up to infant's 1st birthday); non-breastfeeding postpartum women (up to 6 months after the birth of an infant or after pregnancy ends); infants** (up to 1st birthday); children** up to their 5th birthday. **fathers, grandparents, foster parents or guardians may apply.

Requirements:

Must live in Connecticut, but you do not need to be a U.S. citizen; complete a nutrition assessment with WIC staff; must meet the WIC income guidelines which are set at or below 185% of the federal poverty income limit.

Other Services Available

Fairgate Farm

www.fairgatefarm.com

129 Stillwater Ave., Stamford, CT 06902
203-940-2305

(Bus #21 stops right in front of Fairgate Farm.)
Farmers Market: Open June 4th -October Thursdays 12-6 pm; Saturdays 9am-12pm, only online ordering and curbside pick-up this season. (SNAP, WIC, & Senior Farmers' Market Nutrition Program checks accepted!) Fairgate Farm will match up to \$10 of SNAP, WIC FMNP and Senior FMNP coupons
Eligibility: All are welcome
Food: Organically grown fruits and vegetables
Please visit website for volunteer information.

Food Rescue US

www.foodrescue.us

165 Water Street, #204 , Norwalk, CT
800-280-3298

During COVID-19, Food Rescue US is providing individual meals to their social service partners, along with excess food donations. Please contact Danielle Blaine at danielle@foodrescue.us if you would like to volunteer or your organization is interested in receiving food donations..

If You Want to Help

Donate: You can donate to the Stamford Food Collaborative by going to www.uwwesternct.org/stamfordoodcollaborative You can also donate directly to the food pantries listed on this guide.

Volunteer: If you want to volunteer to deliver food to the homebound, call Bridget Fox at 203-883-0960 or bridget.fox@uwwesternct.org

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Members of the Stamford Food Collaborative, which includes providers of critical food assistance services, including food pantries, congregate meal programs, and meal delivery programs are implementing safety and hygiene precautions to protect the health of participants, volunteers, and staff. Pantries have transitioned from choice pantry models to pre-packed bags, adjusting sign-in and other operational processes to allow social distancing, and enhancing sanitizing practices. Please call ahead to determine whether operating hours have changed for food pantries or other programs.

Food Pantries

Faith Tabernacle Church Food Pantry

29 Grove St., Stamford, CT 06905, (203) 348-8755

Open: Thursday, 7:30am-10:30am

Eligibility: Anyone

Requirements: Must fill out an application.

Frequency of visits: Once per week.

Haitian American Community Center

93 Hope St., Stamford, CT 06906, (203) 406-0343

Open: Thursday, 11 am – 2 pm

Eligibility: Anyone in need of food.

Requirements: Must fill out an application.

Frequency of Visits: Every Thursday

New Covenant Center

www.newcovenantcenter.org

174 Richmond Hill Ave., Stamford, CT 06902

(203) 964-8228

Open: Tuesday & Friday, 10:30 am - 4:30 pm;

Thursday, 10:30 am - 2 pm

Eligibility: Open to low-income residents in Stamford, Darien, New Canaan, & Greenwich.

Requirements: Pantry applications are accepted on Wednesdays from 11 am - 2 pm. Proof of identification (state-issued ID or passport; birth certificate for

children without photo ID) for each member in household; proof of address (rent receipt or utility bill); proof of income (paystub, unemployment letter, tax return)

Frequency of Visits: Monthly by appointment.

Emergency Visits: During the pandemic crisis, walk-up emergency food requests will be filled based on availability. Clients will be asked to come back to register when convenient for them

Person-to-Person

www.p2phelps.org

Must call for an appointment.

Darien Location:

1864 Post Rd., Darien, CT 06820, (203) 655-0048

Open: Monday - Friday, 9 am - 1 pm

Stamford Locations:

Open: Mondays and Tuesdays, 10 am - 2 pm at Yerwood, 90 Fairfield Ave., Stamford

Wednesdays, Thursdays, and Fridays, 10 am- 2 pm at Domus, 83 Lockwood Ave., in the parking lot facing Frank Street.

Eligibility: Open to low-income residents in need of food living in Stamford, Darien, or New Canaan.

Requirements: Call (203) 655-0048 for an appointment and necessary documents to bring.

Frequency of Visits: Every 28 days

The Salvation Army of Stamford

www.ctru.salvationarmy.org/sne

198 Selleck St., Stamford, CT 06902, (203) 359-2320

Open: Monday & Wednesday, 9 am - 12 pm

Eligibility: Stamford residents in need of food.

Requirements: Must fill out an application; must have picture ID; proof of income; proof of address (rental lease & other piece of mail with address)

Frequency of Visits: Once a month.

For more information, or to donate food, please contact the agencies directly or call United Way at (203) 348-7711. For more information about community resources, please dial 2-1-1 or visit www.211.ct.org

Schilo Food Pantry Program

www.facebook.com/schilofoodpantry/

Schilo Seventh-Day Adventist Church 977 Hope St., Stamford, CT 06907, (203) 293-8256

Open: Every 2nd and 4th Saturday of the month, 4- 6 pm.

Eligibility: Residents of Fairfield County in need.

Requirements: Must complete an application with a photo ID.

Frequency of visits: Every 2nd and 4th Sunday of the month.

Schoke Jewish Family Service

www.ctjfs.org

196 Greyrock Place, CT 06901, (203) 921-4161

Open: Monday, Tuesday & Wednesday, 10:30 am - 12:30 pm, Other times available by appointment only.

Eligibility: Anyone in need of food.

Requirements: Must complete application showing proof of residency, income & household.

Frequency of Visits: Once a month.

Food: Kosher products only.

Wilson Memorial Church of God

164 Richmond Hill Ave., Stamford, CT 06902
203-557-9807

Open: Thursday, 1 - 2 pm. Sign up for a ticket starts at 9 am.

Eligibility: Anyone in need of food.

Requirements: Must have a ticket. Tickets are handed out at 9 am.

Frequency of Visits: Weekly, every Thursday

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Food Banks

Connecticut Food Bank

www.ctfoodbank.org

2 Research Parkway, Wallingford, CT 06492, (203) 469-5000 Servicing the town pantries, soup kitchens, & other programs; providing direct-service programs including Mobile Food Pantry, & Senior Box (Commodity Supplemental Food Program) for Seniors.

Food Bank of Lower Fairfield County

www.foodbanklffc.org

461 Glenbrook Rd., Stamford, CT 06906

(203) 358-8898

The Food Bank of Lower Fairfield County provides food to any qualified non-profit agency in a six town area of Fairfield County (Darien, Greenwich, New Canaan, Norwalk, Stamford, and Wilton) that serves low income people through congregate meals or bags of groceries .

Congregate Meals

New Covenant Center Café

www.newcovenantcenter.org

174 Richmond Hill Ave., Stamford, CT 06902

(203) 964-8228

Grab and go meals are distributed for lunch Monday-Sunday, 12:30-1:30 PM and for dinner Monday-Saturday, 4:30-5:30 PM. Meals are distributed from the doorway.

Home Deliveries

Person-to-Person

For those who cannot go to the pantry, home deliveries of food can be booked by calling (203) 655-0048. Deliveries are Monday—Friday. Drop off time between 1:30pm-2:30pm

